

University of California Cooperative Extension

Santa Cruz County 4-H Youth Development Program



The 4-H Green Sheets

1432 Freedom Blvd, Watsonville, CA 95076-2741

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4-H E-mail: haholmstadt@ucdavis.edu

UCCE Website: <http://cesantacruz.ucdavis.edu>

November 2005

FAMILY GAME NIGHT

Come join the fun at Family Game Night, put on by the 4-H Leadership Team.

When: **December 9th**

Where: **La Selva Beach Community Center**

Time: **6:00 PM - 8:30 PM**

There will be pizza and a drink for \$2.50

Please bring:

- * Canned food items to donate in return for bingo cards and tokens.
- * A small near new/hardly used "game prize" wrapped with male or female tag and age.
- * A dessert to share.

If you have any questions, please contact Robin Turnquist, 688-4750, Sherri Bonnema, 722-9241, or the 4-H Office.



LCORT 2006 - "Go for the Gold"

It's not too early for 7th, 8th & 9th grade 4-Hers to begin planning to attend LCORT (Leadership Conference of Regional Teens) which will be January 27-29, 2006. Once again it will be at the Wonder Valley Ranch outside of Sanger, CA. The price is \$80 which includes 2 nights lodging, 4 meals (starting Saturday morning), snacks, and all registration materials (*after December 9, the price goes up to \$85*).

LCORT is designed to define and develop your leadership abilities. It will also give you an opportunity to meet and share ideas with other youth your age, to expand your perspective on the world around you, and to have an enjoyable time. If you are interested in receiving a scholarship, you may obtain the forms from the 4-H Office to request support for the Leaders Council.

Registration materials are available at the 4-H Office and on the county website, http://cesantacruz.ucdavis.edu/Youth_Development/LCORT.htm. Registration forms are due to the 4-H Office by **Friday, December 2nd**. If you have any questions, please contact Heather at 763-8015.

County Awards for All Star, Scholarship and Medals

There is one copy of the Award Interview Application available in this newsletter. Please make copies if needed.

Those interested in applying for All Star and/or the Santa Cruz County 4-H Council Scholarship please see page 3 for additional information.

Snow Camp –2006

Join 4-H families from all over the county on February 17-20, 2006, at Snow Camp. Snow Camp is a semi-structured, family-oriented winter camp. Spend the weekend at Camp Sylvester in Pinecrest, just three miles from Dodge Ridge. Have breakfast and pack a lunch in the heated mess hall at camp before you take advantage of daytime activities on your own: ski and snowboard at Dodge Ridge; ice skate at Long Barn, sled at nearby hills or build the perfect snowman. You can also sled right across the street from camp and play board games and cards in the mess hall. Come back to camp for hot cocoa, dinner and evening activities. Enjoy the heated cabins and hot showers, too! But wait! What would camp be without chores??? Camp chores will include kitchen help, restroom, cabin and common area cleanup. Chores will be assigned by cabin.

The cost of Snow Camp is \$70 per person, 9 years and older, \$55 per person under 9 if you register by February 1, 2006. Price goes up \$5 on February 2, 2006. We encourage each person to bring a box of hot cocoa or cider packets and a package of cookies to share. We'll have hot water for beverages going all day. Camp does not provide linens or bedding – make sure to bring sleeping bags, pillows and towels.

Registration forms are available on the county 4-H website under Santa Cruz County 4-H Events and will be available in next month's newsletter. Please call Howard Meyer at 335-2544 for more information. Directions to camp will be in February's Club Notes. See you there!



Mission Statement for the California 4-H Youth Development Program

"The University of California 4-H Youth Development Program engages youth in reaching their fullest potential while advancing the field of youth development."



Emerald Star Applications

Emerald Star is a county rank offered by the County Community Club Council to recognize members who are 12 years or older as of January 1 of the Program Year. Members or groups applying for Emerald Star will complete a leadership plan and submit it to the Council Emerald Star Committee for approval.

If you have an idea for an event, video, instruction manual, etc., that fulfills a need of the County 4-H program or the Santa Cruz County Community, get an information sheet at the 4-H Office. Examples of Successful Emerald Star Projects are: Hold a Project Workshop or County Field Day, Coordinate a Judging Contest, do an outreach project about 4-H to the community, set up the resource library in the 4-H Office, etc. It should be useful or something that is needed, provide you a chance to demonstrate your leadership abilities beyond the club level, or fill some other need through a plan you design.

Some funds to help support your project are available from the Council through Service Learning Funding. There is no deadline to apply but the project must be completed within the 4-H Program Year in which you apply. Ask your Community Club Leader or call the 4-H Office for more information from the Community Club Leader Handbook.

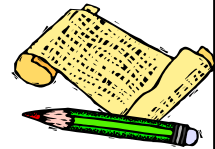
ATTENTION CLUB LEADERS

Beginning year reports for the 2005-2006 4-H Year are due to the 4-H Office by **Wednesday, November 30th**.

Materials that need to be turned in are: club contact information, fiscal information, budget and fundraising, club planner, current constitution and by-laws, and countywide committee members. If you have any questions, please contact the 4-H Office.

Club reporters

We want to hear from you!! Please send in your club news articles to be printed in the *4-H Green Sheets*. We want to hear what great things your members are doing in your club. Submit articles by the 3rd Thursday of each month for the following month's newsletter.



Mail: 1432 Freedom Blvd., Watsonville, CA 95076-2741
Email: haholmstadt@ucdavis.edu
FAX: (831) 763-8006

4-H affected by Hurricane Katrina

Please take some time to raise money as a club to send to your 4-H friends in Alabama, Louisiana and Mississippi. Below is a listing of websites that provide information about how you can help the 4-H community. It is in moments like these the strength of the 4-H community is seen throughout our nation.

Alabama: County offices of the Alabama Cooperative Extension System, including 4-H offices, Alabama Extension Disaster Education Network at www.aces.edu/eden/index.htm

The **Louisiana 4-H Foundation** has established an AgCenter Relief Fund with all proceeds going to help LSU AgCenter employees affected by Hurricane Katrina. To donate, send your check, made out to the Louisiana 4-H Foundation, to PO Box 25100, Baton Rouge, LA 70894. In the memo field of the check, put "Relief Fund." All contributions are tax deductible and 100 percent of everything raised is going to help LSU AgCenter employees affected by Hurricane Katrina. No part of your donation is going to be used for administrative expenses, etc. If you have any questions, visit www.La4HFoundation.org.

4-H and Extension in Mississippi have set up a website to respond to the disaster, msucares.com/disaster/index.html.

They also have begun two projects:

"Letters of Caring and Hope" - For those 4-H members from around the country that are searching for ways in which they can support our Mississippi youth, we are asking the 4-H members and volunteers to write letters that are encouraging. The letters will need to be sent to: Mississippi 4-H - Letters of Caring, Box 9601, MS State, MS 39762. If they are sent UPS, address to: Dr. Susan Holder, 204 Bost Extension Center, MS State, MS 39762. The letters will be distributed through our 4-H Agents and 4-H youth and adult volunteers to young people affected by the hurricane.

Mississippi Operation 4-H Relief is for the families and young people in shelters or in isolated areas without power and services. The days are getting long, and the young people are getting restless. There are designed activity boxes. These rubber tubs have lesson plans and activities for kids and parents. The **Mississippi 4-H Foundation** has set up a separate account for hurricane relief. Funds will go to 4-H families and to purchase supplies for the activity boxes. Donations should be sent to Mississippi 4-H Foundation, Box 9601, MS State, MS 39762.

If you have any questions, contact Morris Houston at 601-829-3611 or mhouston@ext.msstate.edu.

The above sites will be continually updated as there are further developments. You can also continue to check out the news section on 4HUSA.org.



OLDER YOUTH OPPORTUNITIES

All-Star Application

All Star is the highest county 4-H Star Rank in the California 4-H Awards and Incentives Program. This rank is a working honor for those members with leadership and communication skills, like you! The All Stars are sponsored by the county to attend the State Youth Leadership Conferences and are given visible leadership rolls at LCORT, county events and programs.

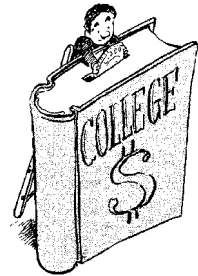
Start preparing now! If you are age 15 (by January 1, 2006) or older, have completed your Gold Star Rank, and wish to expand your 4-H horizons, you should consider preparing to apply for Santa Cruz County All Star status for the 2006-2007 4-H program year. All Star Interviews will be held on Saturday, February 25, 2006 at the County Presentation Day.

Applicants must turn in their completed All Star application, an Award Interview Application, and their 2004-2005 4-H Record Book to the 4-H Office by **5PM on Thursday, November 17, 2005**. If you have any questions, please contact the 4-H Office.

SCHOLARSHIPS

Santa Cruz County 4-H Council Career Development Scholarships

Applicants must be currently enrolled in a Santa Cruz County 4-H Club. Youth selected will be awarded a minimum of \$250 up to a maximum of \$1,000 depending on the number of applicants.



The scholarship is to be used for career development expenses. This includes college, trade school, an apprentice program or other specific program designed to prepare you for a career.

Applications can be obtained from the 4-H Office or the county 4-H website and are due along with an Award Interview Application to the 4-H Office by **Thursday, November 17, 2005**.

Jimmie Cox Memorial Scholarship

The Jimmie Cox Memorial Scholarship is a \$2,000 award for a student entering or currently attending college and majoring in agriculture. Students and their legal guardian must live either in Santa Cruz County or within Pajaro Valley Unified School District, or be a current member of the Santa Cruz County Farm Bureau.

Applications are available at the 4-H office and are due **February 17, 2006** to the Santa Cruz County Farm Bureau Office.

4-H Citizenship Programs

California Focus - June 23-27, 2006

This program is a unique 4-H Citizenship educational experience that combines hands-on participation in workshops, debates, and simulations with outstanding speakers and visits to historical, cultural, and governmental sites. California's capital city, Sacramento, becomes a "living classroom" for this five-day, action packed adventure.

This program is open to all 4-H leaders and to youth members that have completed the 8th grade. The cost for youth is \$450 and \$535 for adults.

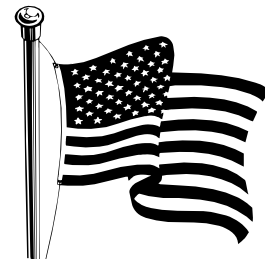
Washington Focus

This program gives participants the opportunity to learn the history behind Washington D.C.'s amazing sites. Participants also attend workshops and social events and serve on committees. Dates will be announced soon.

Road to Democracy - \$1690
Gettysburg, Washington, D.C., Yorktown, Williamsburg, and Jamestown

Heritage Trail I and II - \$1470
Gettysburg and Washington, D.C.

Global Journey - \$1985
Gettysburg, Washington, D.C., Philadelphia, and New York



Application materials for both programs will soon be available. Application and deposit are due to the 4-H Office by **Tuesday, January 3, 2006**.



Award Interview Application

Due to the 4-H Office by Thursday, November 17, 2005

Name: _____ **Age:** _____

Address: _____ **Birth Date:** _____

_____ **Years in 4-H:** _____

Phone: _____ **Email:** _____ **4-H Club:** _____

Project Area	Years in this project	Medal you have now	Award applying for <i>Silver, Gold, All-Star, Scholarship</i>

Applicant's Signature: _____ **Date:** _____

Parent/Guardian's Signature: _____ **Date:** _____

Community Club Leader's Signature: _____ **Date:** _____

Eligibility Requirements:

Silver Medal

- * Five years in the project or
- * Fourteen years or older as of January 1st, and has completed a minimum of two years in the project.
- * Has knowledge well beyond the regular project materials. Members may have specialized in one aspect of the project.

Gold Medal

- * Six years in the project or
- * Sixteen years or older as of January 1st, and has completed a minimum of three years in the project.
- * Member has knowledge well beyond the project material and has developed the project to a commercial undertaking, an avocation or lifetime hobby, or has skills beyond the competency of the average adult.

Approved Areas:

ANIMAL SCIENCE
ENGINEERING

FAMILY & CONSUMER SCIENCE
PLANT SCIENCE
SOCIAL SCIENCE

HEALTH & LEISURE
RESOURCE SCIENCE



Youth Development Center Search Institute's 40 Developmental Assets

Search Institute has identified the following building blocks of healthy development that help young people grow up healthy, caring, and responsible. The Developmental Asset framework is categorized into two groups of 20 assets.

External assets are the positive experiences young people receive from the world around them, while the twenty internal assets identify those characteristics and behaviors that reflect positive internal growth and development of young people.

This series of articles will introduce you to a specific asset type and ways that anyone can build and apply asset building concepts to your personal and professional lives.

Internal Asset: Positive Values

- 26. Caring: Young person places high value on helping other people.
- 27. Equality and social justice: Young person places high value on promoting equality and reducing hunger and poverty.
- 28. Integrity: Young person acts on convictions and stands up for her or his beliefs.
- 29. Honesty: Young person "tells the truth even when it is not easy."
- 30. Responsibility: Young person accepts and takes personal responsibility.
- 31. Restraint: Young person believes it is important not to be sexually active or to use alcohol or other drugs.

Ways to develop the **Positive Values** Asset:

- 1. Remember that mistakes are part of living and growing.
- 2. Show care and concern for your neighbors by offering a helping hand.
- 3. Write down what you believe. Post it where you will see it often.
- 4. Be responsible for all of your thoughts, words and actions.
- 5. Try new things and take on new responsibilities.

To learn more about the 40 Developmental Assets, explore Search Institute at: <http://www.search-institute.org/>

Youth Development Advisor

U.C. County Extension Website

4-H information that is available on the county extension website include: the monthly newsletter, 2005-06 4-H Calendar and Budget, and Minutes of the Monthly Council meetings. Go to <http://www.cesantacruz.ucdavis.edu> and click on the Youth Development icon to find this and a lot more information about 4-H and other activities of the Santa Cruz University of California County Extension.

The Green Sheets

is the newsletter of the Santa Cruz 4-H County Council and the UC Cooperative Extension Office.

County Council Officers 2005-06

- President - Dorothy Chittenden-Williams
- Vice President - Karen Luera
- Treasurer - Randy Turnquist
- Secretary - Stephanie Fontana

Staff

Lynn Schmitt-McQuitty
4-H Youth Development Advisor
lschmittmcquitty@ucdavis.edu

Heather Holmstadt
4-H Program Representative
haholmstadt@ucdavis.edu

**Deadline for newsletter articles:
3rd Thursday of each month**

Submissions may be sent to:

UC Cooperative Extension
4-H Program
1432 Freedom Blvd
Watsonville, CA 95076-2741

PHONE - (831) 763-8015
FAX - (831) 763-8006





4-H CALENDAR

November

- 4-6 State Leaders Forum-Asilomar Pacific Grove
- 17 County Apps. due for All- Stars, Medals, & Scholarships** **4-H Office**
- 17 County Council Meeting UCCE Auditorium 7:30 PM
- 17 Newsletter articles due 4-H Office
- 19 South Central Regional Council Meeting Madera
- 21 Mandatory Awards and Interviews Planning Meeting - Judges Names Due
- 24&25 Thanksgiving Holiday-Office Closed*
- 30 2005-2006 Club Beginning Reports Due** **4-H Office**

December

***No County Council meeting for December**

- 2 Early LCORT registration forms due** **4-H Office**
- 2 WRLF registration due 4-H Office
- 15 Newsletter articles due 4-H Office
- 23&26 Holiday - Office Closed*
- 29&30 New Year's Holiday - Office Closed*

January

- 2 New Year's Holiday - Office Closed*
- 3 Applications for Focus Trips due** **4-H Office**
- 6 Late LCORT registration forms due** **4-H Office**
- 16 Martin Luther King Day - Office Closed*
- 19 County Council Meeting UCCE Auditorium 7:30 PM
- 19 Newsletter articles due 4-H Office
- 27-29 LCORT Wonder Valley Ranch in Sanger

HAPPY THANKSGIVING



**UNIVERSITY OF CALIFORNIA
COOPERATIVE EXTENSION
Santa Cruz County
1432 Freedom Blvd
Watsonville, CA 95076-2741**

**PRESORTED STANDARD
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**Important information
enclosed for
4-H members, parents
and leaders**



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